

**MKDE Dan Vizsgakövetelmények**  
**Az MKDE Technikai Bizottsága által kibővített feltételekkel, amelyek az**  
**MKDE honlap Vizsgáztatás pontjában megtalálhatóak**

**2018**

<b>Shodan</b>	Minimum 1 év, legalább 80 edzésnap és 4 nap tábor részvétel az 1.kyu megszerzése óta. 16. betöltött életév
Ken	Ken-no-awase (7)
Jo	Jo-no-awase (8) 31-no-jo (hidari hanmi)
Tachi waza	<b>Katadori-menuchi</b> Ikkyo~Yonkyo, Iriminage, Kotegaeshi (2 ways for each), Shihonage (1 way) <b>Tsuki (chudan)</b> Iriminage, Kotegaeshi, Kaitennage (uchi, soto-kaiten), Koshinage <b>Ushiro-ryokatadori</b> Iriminage, Aikiotoshi, Sankyo <b>Ushiro-katatedori-kubijime</b> Ikkyo~Yonkyo, Jyujigaraminage, Udegarami
Hanmi-Handachi	<b>Yokomen-uchi</b> Ikkyo~Yonkyo, Kotegaeshi <b>Katatedori</b> Shihonage, Iriminage <b>Ushiro-katatedori-kubijime</b> Sankyonage
Zagi	<b>Ryotedori</b> Ikkyo~Yonkyo, Kotegaeshi, Iriminage <b>Shomen-uchi</b> Ikkyo~Yonkyo, Kotegaeshi, Iriminage Zagi-kokyuho (3 ways)
Jiyu-waza	<b>Katate-ryotedori Shomen-uchi Ushiro-ryotedori Tsuki</b>
<b>2nd Dan</b>	Minimum 2 év+1 vizsgakivárás, 200 edzésnap és legalább 8 nap tábor részvétel az első dan megszerzése óta
Ken	Kumi-tachi (5), Kimusubi no tachi (1),
Jo	Basic-movements forward and backward (left and right): Tsuki, Men, Katate, Hasso, Nagare-no-bu Kumi-jo (7), 22-no-jo (hidari hanmi)
Renzoku-waza (one technique to another)	from <b>Tsuki-Nikyo-ura</b> to Kotegaeshi, Iriminage, Shihonage from <b>Yokomen-uchi-Sankyo-ura</b> to Jiyu (free) from <b>Shomen-uchi-Ikkyo-gaeshi</b> to Jiyu (free)
Tanto dori	<b>Yokomen-uchi, Tsuki</b> (2 ways for each) <b>Shomen-uchi</b> Iriminage, Gokyo
Kaeshi waza (reverse technique)	from <b>Shomen-uchi-Ikkyo-omote</b> to Iriminage, Kotegaeshi, Ikkyo from <b>Gyakuhanmi-katatedori-Nikyo-ura</b> to Iriminage, Nikkyo, Sankyo from <b>Tsuki-Kotegaeshi</b> to Iriminage, Shihonage, Kotegaeshi
Tachi waza	<b>Ryokatadori</b> Ikkyo~Yonkyo, Iriminage <b>Tsuki (jodan)</b> Jiyu (free) <b>Ushiro-katatedori-kubijime</b> Ikkyo~Yonkyo, Aikiotoshi, Kokyunage, Koshinage
Hanmi-Handachi	<b>Yokomen-uchi</b> Jiyu (free) <b>Ushiro-ryokatadori</b> Ikkyo~Yonkyo, Kokyunage, Kotegaeshi
Zagi	<b>Katadori</b> Ikkyo~Yonkyo, Iriminage <b>Tsuki</b> Jiyu (free)
Futari dori	Kokyunage (2 ways) Nikyo
Futari gake	Jiyu (Free style against 2 attackers)
<b>3rd Dan</b>	Minimum 3 év+1 vizsgakivárás, 300 edzésnap és legalább 16 nap tábor részvétel a 2.dan megszerzése óta
Ken	Kumitachi-henka (Ken-no-ri), Shodan and 2 <sup>nd</sup> dan waza
Jo	13-no-jo-awase, 31-no-jo-awase, Shodan and 2 <sup>nd</sup> dan waza
Henka-oyou waza	<b>Munadori (twisted grab)</b> Ikkyo~Yonkyo, <b>Iriminage</b> <b>Katate-ryotedori</b> Kokyuho (basic, elbow lifted-up, twisted grab) <b>Ushiro-ryotedori (wrists lifted-up)</b> Iriminage, Ikkyo
Kaeshi waza	from <b>Shihonage</b> , from <b>Sankyo-ura</b> (3 ways for each) from <b>Iriminage</b> to Iriminage (2 ways), Sankyo, Kaitennage
Tanto dori	<b>Shomen-uchi, Yokomen-uchi</b> (3 ways for each), <b>Shomen-uchi</b> Kotegaeshi, Sankyo, Koshinage <b>Katadori point from front, Ushiro-eridori point from behind</b> (2 ways for each)
Tachi dori	<b>Shomen-uchi, Yokomen-uchi</b> (3 ways for each), <b>Tsuki</b> (one way)
Jo dori	<b>Tsuki</b> (3 ways), <b>Motasete (let opponent take jo)</b> Jiyu (free)
Tachi waza	<b>Katate-ryotedori</b> Iriminage, Shihonage (3 ways for each), Jiyu (free) <b>Ushiro-ryohijidori</b> Ikkyo~Yonkyo, Kotegaeshi, Iriminage, Aikiotoshi, Kokyunage <b>Tsuki (chudan)</b> Sankyo, Yonkyo, Iriminage (2 ways for each), Jiyu (free) <b>Ushiro-katatedori-kubijime</b> Koshinage (3 ways)
Hanmi-Handachi	<b>Shomen-uchi</b> Jiyu (free) <b>Katatedori</b> Ikkyo~Yonkyo, Iriminage, Shihonage
Zagi	<b>Yokomen-uchi</b> Jiyu (free) <b>Tsuki</b> Ikkyo~Yonkyo, Iriminage, Kotegaeshi,
Futari dori	Shihonage, Yonkyo, Kokyunage
Sannin gake	Jiyu (free style against 3 attackers)
<b>4th Dan</b>	Minimum 4 év + 1 vizsgakivárás, 300 edzésnap és legalább 24nap tábor részvétel a 3. dan megszerzése óta
	Including 2 <sup>nd</sup> dan and 3 <sup>rd</sup> dan waza
Ken	Kumitachi-henka (Tai-no-ri)
Jo	Shin-kumi-jo (10)
Yonin gake	Jiyu (free style with 4 ukes)
Essay (1) or (2)	(1) "How to teach Aikido to beginners" (2) "What have you gotten from your Aikido practice?"

Note:

- (1) An examinee and his/her uke must prepare their own ken, jo, and tanto for the test.
- (2) An examinee must arrive to the test site 30 minutes before the test. Those who come late will not be allowed to take the test.
- (3) Those who wishing to take a test for shodan or above must declare the will to take a test to his/her instructor 3 months before to the test.
- (4) Those who taking a test for 2nd dan or above must participate in a demonstration, a seminar, or a camp, prior to the test.
- (5) Those who failed a test for 2nd dan or above must have one year interval before taking a test again.